



April 1, 2026

First Congregational UCC
PO Box 135
Lake Helen, FL 32744



Facebook: @LakeHelenUCC

Website: <https://www.lakehelen-ucc.com/>

HOLY WEEK AND EASTER

Thursday, April 2 at 6:00pm - Maundy Thursday Table Service in the Parish House.

**Friday, April 3 at 3:00pm - Good Friday
"Stations of the Cross" in the Sanctuary.**

**Sunday, April 5 at 10:30am - Easter Sunday
Easter Worship with Communion**

Remember to wear your Easter hats!!!



Tuesday, April 7

- **Book Club 2pm - "At Home in Mitford" by Jan Karon**
- **Line Dancing 4:30 pm**

Wednesday, April 8 – Bible Study 11am-noon

Thursday, April 9

- **Church Council at 10am**
- **Crystal Bowl Sound Bath from 6:30-7:30** (see article on page 2)

Wednesday, April 15

- **Basket Drop-off 1-3 pm in the Parish House**
- **High Tea at 3:00 pm** sponsored by the Community Life Team. Please bring your own teacup. Wear a hat and gloves if you wish. An assortment of teas will be provided. You are asked to bring finger foods like tea sandwiches, small cookies, brownies or mini cupcakes or scones. There will be a sign up sheet to help with planning.

Sunday, April 19 – Basket drop-off in the Parish House after morning worship.

Wednesday, April 22 – Basket Drop-off 1-3 pm in the Parish House

Sunday, April 26 – Basket drop-off in the Parish House after morning worship.

Saturday, May 2 – Basket Social

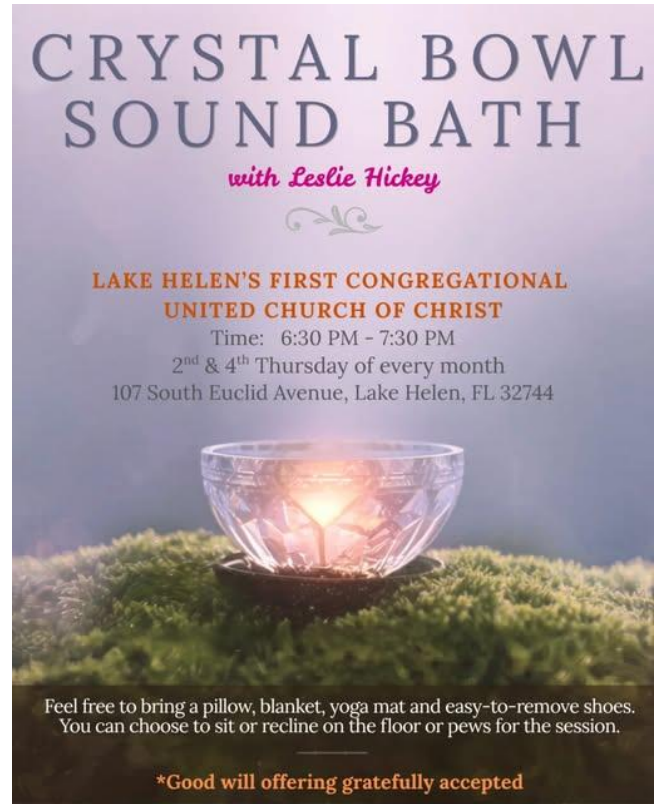
- 12 Noon doors open for browsing**
- 1 pm drawing begins**

~ ~ ~ ~ ~

**Something new
is coming to our sanctuary:
the Crystal Bowl Sound Bath
experience**

A crystal bowl sound bath is a meditative experience where participants are “bathed” in sound waves produced by quartz crystal bowls. The vibration of the bowls relaxes, calms, and removes stress. On Thursday, April 9, come to the sanctuary at 6:30 pm dressed comfortably and wearing shoes that are easy to remove. Bring a pillow and/or blanket – anything for comfort.

If you've got heavy stress, anxiety, depression, physical pain, nausea, or any physical or mental discomfort, pack some pillows and blankies and come chill with Leslie Hickey the 2nd and 4th Thursday of every month from 6:30-7:30 pm. A good will offering will be accepted to cover the cost of utilities.



Our **ANNUAL SPRING BASKET SOCIAL** is scheduled for Saturday, May 2.

If you have never participated in a basket social, they are lots of fun!!!



We each put together baskets around a theme (reading, baking, sewing, sports, animals, Mother’s or Father’s Day, graduation, etc.) We ask that the value of the contents of your basket be a minimum of \$20. There are dates published on page 1, for you to bring your unwrapped basket to the Parish House along with a list of the contents. The team will take photos of the basket then wrap it.

On the day of the event, doors open at Noon for browsing, placing tickets in containers for the baskets you would like to have and visiting. Light refreshments will be available at \$5 a plate. The drawing will begin at 1 PM.

Tickets are \$20 for a sheet that includes 25 tickets for the silent auction and one door-prize ticket.



Upcoming Birthdays and Anniversaries

Happy Birthday to:

Judy Black, April 4
Judi Beland, April 19
Rafael Ruiz, April 22

Happy Anniversary to:

Jack & Suzanne Fielding, 3/28
We have no record of any
April anniversaries.

~ ~ ~ ~ ~

Prayer Requests

Please contact the church office with your prayer requests so that we can provide an updated list. Email us at LakeHelenUCC@cfl.rr.com or call 386-218-5976 (leave a message if we're not available).

Jan Batchelder
(Christy's friend)
Ralph DeMatia
Chuck Fossler
(Pat 's brother)
Tina Habick
Anna Haskins
Julie Hall

Frank Hotze
Ashley Illian
(Mary Jo's daughter)
Karen Lindsay
Donald L.
(Ray & Rafi's friend)
Rosie McKenna
Dora Miletic

Ron Moghadas
Terri Noddin
Ed Raymond
(Fran's brother)
Ellen & Jim Robinson
Rafael Ruiz
Sebastian Ruiz
(Rafi's grandson)

~ ~ ~ ~ ~



CONTRIBUTIONS OF FOOD FOR OUTSIDE THE GATES, our local food pantry, are always needed and welcomed. They may be left in the large baskets in the rear of the sanctuary.

~ ~ ~ ~ ~

**WE ARE THE CHURCH
TOGETHER**