



April 15, 2026

First Congregational UCC
PO Box 135
Lake Helen, FL 32744



Facebook: @LakeHelenUCC

Website: <https://www.lakehelen-ucc.com/>

Wednesday, April 15 - Drop off baskets 1-3 pm

Sunday, April 19 – Dropoff baskets after worship in the Parish House

Tuesday, April 21 - Line Dancing 4:30 pm

Wednesday, April 22

- Bible Study 11am-noon
- Drop off baskets 1-3 pm

Thursday, April 23 -

- The Peace Talk 10-11 am in the Parish House (see article on page 2)
- Crystal Bowl Sound Bath from 6:30-7:30 in the Sanctuary

Sunday, April 26 – Basket drop-off in the Parish House after morning worship.

Saturday, May 2 – Basket Social

**12 Noon doors open for browsing
1 pm drawing begins**



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CONTRIBUTIONS OF FOOD FOR OUTSIDE THE GATES, our local food pantry, are always needed and welcomed. They may be left in the large baskets in the rear of the sanctuary.

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**WE ARE THE CHURCH
TOGETHER**

The Peace Talk Coming Thursday, April 23 at 10 am

The Peace Talk is a space to explore what peace truly is, how to cultivate it, and how to live with it each day. It will be led by Wayne Vandemerwe, who has devoted his life to providing opportunities and ways to practice peace in all aspects of our lives, with the aim of creating a more peaceful world.

Together, we learn not only how to find inner peace, but how to bring it into our relationships and community. This is a leader-guided roundtable experience where everyone is invited to share from the heart—offering ideas, reflections, and real-life practices that help us embody peace and extend it out into the world.

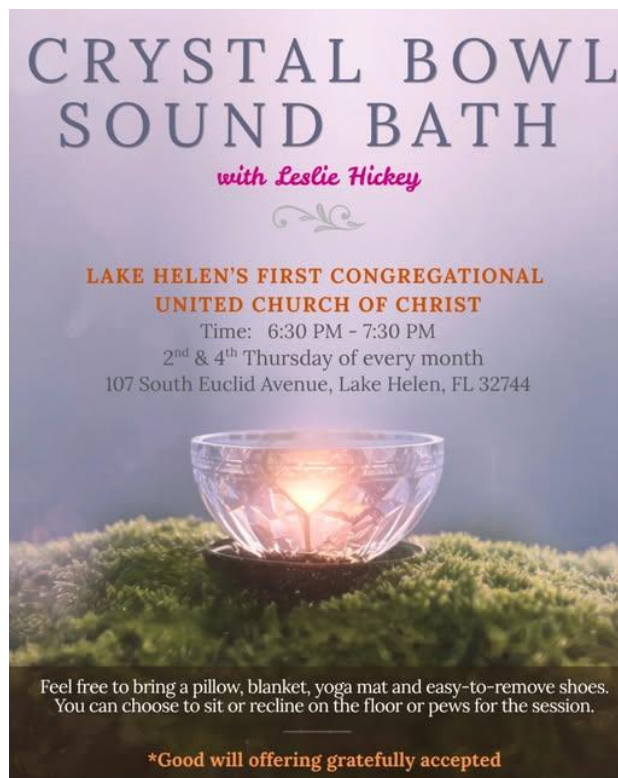
Wayne invites you to call him at 321-347-2900 if you have questions.

The Peace Talk will be held in the Parish House every Thursday from 10 to 11am. This event is open to the wider community, so bring your friends and/or tell them about it. There is no charge, but donations to cover costs are gratefully accepted.

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Crystal Bowl Sound Bath

A crystal bowl sound bath is a meditative experience where participants are “bathed” in sound waves produced by quartz crystal bowls. The vibration of the bowls relaxes, calms, and removes stress. We meet in the Sanctuary on the 2nd and 4th Thursday from 6:30 - 7:30 pm. Dress comfortably with shoes that are easy to remove. Bring a pillow and/or blanket – anything for comfort. A good will offering will be accepted to cover the cost of utilities.



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ANNUAL SPRING BASKET SOCIAL – Saturday, May 2

If you have never participated in a basket social, they are lots of fun!!!



We each put together baskets around a theme (reading, baking, sewing, sports, animals, Mother’s or Father’s Day, graduation, etc.) On the day of the event, doors open at Noon for browsing and placing tickets in containers for the baskets you would like to have. Light refreshments will be available for purchase. The drawing will begin at 1 PM.

Tickets are \$20 for a sheet that includes 25 tickets for the silent auction and one door-prize ticket.

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Upcoming Birthdays and Anniversaries

Happy Birthday to:

Judi Beland, April 19
Rafael Ruiz, April 22
Martina Habick, May 10
Teresa Kitteridge, May 26

Happy Anniversary to:

We have no record of any
April or May anniversaries.

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Prayer Requests

Please contact the church office with your prayer requests so that we can provide an updated list. Email us at LakeHelenUCC@cfl.rr.com or call 386-218-5976 (leave a message if we’re not available).

Ray Arroyo
Jan Batchelder
(Christy’s friend)
Candy (our accountant)
Ralph DeMatia
Chuck Fossler
(Pat ’s brother)
Tina Habick
Anna Haskins

Julie Hall
Frank Hotze
Ashley Illian
(Mary Jo’s daughter)
Karen Lindsay
Donald L.
(Ray & Rafi’s friend)
Rosie McKenna

Dora Miletic
Ron Moghadas
Terri Noddin
Ed Raymond
(Fran’s brother)
Ellen & Jim Robinson
Rafael Ruiz
Sebastian Ruiz
(Rafi’s grandson)

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APRIL 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
YELLOW BOLD = Church sponsored event PLAIN TYPE = OUTSIDE GROUP			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15 11-Noon - PH Bible Study 1-3 PM – PH Basket dropoff	16 5:30-6:30 PH Catholic Bible Study	17	18 8-10 am PH Sat Morning AA
19 Basket drop-off after worship- PH 2-3 pm Mass in Sanctuary	20 6:30-8:30 pm AA in Parish House	21 7-9 pm – PH NARANON	22 11-Noon - PH Bible Study 1-3 PM – PH Basket dropoff	23 10-11 PH Peace Talk 5:30-6:30 PH Catholic Bible Study 6:30-7:30 Church Sound Bowls	24	25 8-10 am PH Sat Morning AA
26 Basket drop-off after worship- PH 2-3 pm Mass in Sanctuary	27 6:30-8:30 pm AA in Parish House	28 7-9 pm – PH NARANON	29 11-Noon - PH Bible Study	30 10-11 PH Peace Talk 5:30-6:30 PH Catholic Bible Study	1 1-3 pm Basket Social setup	2 8-10 am PH Sat Morning AA SPRING BASKET SOCIAL Noon